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THETA CLEARING

A good deal of confusion seems to have existed among auditors and persons interested in Scientology as to the definition and goal of theta clearing. The following aspects of auditing problems may help to clarify this.

The state of theta clear has been defined as that state wherein the preclear can remain with certainty outside his body when the body is hurt. This, however, takes no account of the general sanity of the preclear nor of his level of responsibility for the state of his body. Most psychotics are permanently exteriorized and quite unwilling to have much to do with their body, and on a gradient scale there are many others who, while able to perceive as thetans to some degree in MEST space and certain of exteriorization within the above definition, have yet more or less heavy compulsions or inhibitions and irresponsibility in relation to the body. Such persons are often characteristically "must control" types. Let us look, therefore, at the theta clearing as involving total responsibility for the body. This includes obviously not only ability to exteriorize with great certainty and stability but also willingness to be in or BE a body. To the type of case first referred to, the body is an area of heavy randomness and if this preclear operates his body at all successfully, he does it by much effort. A theta clear, on the other hand, has risen above the effort band of the Know to Sex Scale, runs his body effortlessly as an efficient machine which he is able to maintain in excellent order by direct address of his own created energy, and is in fact "big" to the extent that his body is merely another place in the MEST universe from which he can look; if he chooses to be near it, rather is it inside him than vice versa.

A thetan is as big as he considers he is, and the problem of auditing in general is that of increasing his concept and certainty of his own beingness and power in relation to eight dynamics. From having to survive in terms of the dynamics, the preclear advances to a certainty of self-determinism or immortality in relation to them, or the ability to BE them successively on an expanding perimeter of awareness in present time; this includes of course willingness to be either Cause or Effect. Thus theta clearing could be considered as being the first dynamic. It must be borne in mind of course that the dynamics are more or less interlocked in the reactive mind and in auditing this state will not be obtainable until the other dynamics have been brought up to some degree.

It may be remarked here that this is virtually what was defined in BOOK 1 as MEST clear and in fact theta clearing without MEST clearing could at best be an unstable state and is that referred to at the beginning of this paper.

The 0.0 to 4.0 tone scale of thetan plus body is of little relevance as such to theta clearing, for the individual's position on it is largely influenced by the age and education of the body. It commonly happens in processing that, at the first loosening of the body's hold of the thetan, the individual's tone appears to drop—he is becoming himself unconditioned by his body. Thereafter he rises, commonly from the sub-zero scale, up through the 0.0 to 4.0 section as a thetan and on to the higher reaches.

Sensation or perception depends on impact of particles; since pain is merely too much impact or sensation for the individual's tolerance and since also from the low level of "must not have pain" the thetan comes up to a level of scarcity of pain or

impacts, we find that theta clearing is achieved when he no longer needs a body for perception to give him certainty in present time through impacts, and scarcity of pain has been resolved. This is probably at about 8.0 on the tone scale.

An aspect of sanity is the individual's capacity to communicate and act efficiently in the MEST universe via the body as a relay point—and also ability NOT to communicate or work if he so chooses. Unless exteriorization brings about increasing ability and tolerance for motion, no very practical goal is being achieved. In order to be able to use a body really effectively as a communication relay in present time the thetan has to be above the effort level of the Know to Sex Scale. This break point between the effort and emotion levels is 0.0 on the tone scale and is the beginning of *being* a body. Below this we have only other-determinism in relation to bodies and he is at best certain of survival because he has a body.

The Know to Sex Scale referred to above is a descending scale of Doingness or Communication—less space, heavier particles for communication and less tolerance of distance and motion. It corresponds roughly with the tone scale and is as follows:

- Consideration — the thetan postulates that dimension points and space can exist.
- Know — can create space.
- Look — is creating space.
- Emote — is combining space and energy.
- Effort — is condensing space.
- Think — is wandering in condensed spaces.
- Symbols — has codified spaces into words and significances.
- Eating — is content with spaces already condensed but belonging to others.
- Sex — finds no space tolerable for present beingness but looks to other and future beingnesses as the only chance for universes.
- Mystery — Total collapse of space—hidden influences.

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