

## PROFESSIONAL AUDITOR'S BULLETIN No. 31

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### DUPLICATION

Duplication or repetition is learning. This sets up machinery which will then do things automatically. It is insisted upon at school. He's got billions of these machines and he's holding on like mad to anything he's learned to do. We knock out one or two and the rest fold up.

*The conviction about having to have machinery is the worst machine in the bank.*

Our goal is a state in which a person's creative ability is such that he can perform any action after a glance. We are *not* setting up new patterns. People will create a pattern of being audited, and we have to knock this out before his case will change.

People prevent by machinery too strong an effect from being repeated e.g. burning one's hand on a stove. He shouldn't have to touch the stove at all, but be able to just look and estimate the effect at once.

Zero learning time = infinity of lookingness. Making facsimiles to look at is unwillingness to look at MEST. Actually you don't even have to look to know—you can just know.

**SELECTIVE UNMOCKING.** When a person slides over to being effect he doesn't exteriorize.

The basic postulates are e.g. "Effects mustn't be unmade". "Must resist all effects (such as change or unmocking)". "It must never happen again."

This follows from: If you are unwilling to look at or through others' universes, you won't know how to mock things up again.

**TECHNIQUES.** Practise unmocking, sectionally and as a whole, pc's body, till he is willing to see an empty chair. Then mock up different bodies in the chair.

Try mocking up a body that will resist all effects. Now unmock it—you can't of course.

You can double terminal that above postulates. A better technique is practising unmocking: putting something there that will resist all effects, and unmocking it.

Unmocking is done on a gradient scale—take as much or as little as he can handle *and win*. It is best done with eyes shut, because his MEST eyes are so convinced. Start with some simple object of little value, getting it thinner, thicker, etc, till he can finish it. If he cannot unmock MEST, get him to put mock-ups there and then say they aren't there, i.e. unmock his own mock-ups. If he can't see anything, have him mock things up black. His occlusion will soon bust.

The pc has lost track of the track of agreement.

In MEST processing, put *all colours* into objects, in brackets.

You can't unmock facsimiles while you have the postulate "that everything must resist all effects". This is "Conservation of Energy". Your basic postulate is that he can't undo his own postulate. His curve of action is "Create, *persist*, destroy". The DEI cycle is from wanting effects to "Must have an effect" down to "Must resist all effects."

Keep up unmocking till you can mock things up well. Get the pc to a point where it doesn't get thick when he says thin. Make more of and less of, till he is really *certain* there is more or less. Drill him on putting things back till he is really willing to look through them.

We are trying to destroy communication systems so that he can create them at will. People get to a point where they are holding up and holding off the walls, doors, people etc, with a barrage of words. Mock him up with things falling in on him.

Changing colours and unmocking are really a matter of shifting wavelength.

We use the most basic potentials of the thetan, to get him able to change his own postulates.

Instead of exteriorizing, we alter anything of energy around him, till he can unmock it. Instead of having him be three feet behind his head we remove the body where he sits, then have him make parts of the body emotional, then the whole body emotional, over the whole scale and change it different colours.

Unmock the body, put different bodies there, unmock those etc, till bodies are completely under control. If he sees ridges, have him unmock those similarly. Handle facsimiles the same way, changing them, unmocking corners of them, etc.

**DUPLICATION.** These are gun-shot techniques, and suitable for small groups. Let's get to where you can unmock your body and your bank and be elsewhere as you please.

These are basics: automaticity—machines—no responsibility for machines. You'll flick in and out of blackness during the process. Anything in the environment which you can't control e.g. sea, the weather, sets up as an automaticity.

A thing to survive, must resist all effects, and this is the highest limiting barrier. There must be a conflicting postulate that other things must not resist all effects. The pc is resisting the effects of your auditing and this keys in the auditor's postulates. Survival implies the reduction of all other contra-survival effect.

**Responsibility** is the feeling that one can operate something.

Particles age and change in relation to you because you say they do. *You* don't age—actually there is no age. To create is the ability to make postulates. Without unmaking them, of course, there is chaos. Likewise unlimited unmaking without creation.

You can use this stuff on a psychotic if you can even vaguely communicate with him. If he is snarled up on e.g. paint: have him mock up paint—black, if he can't see anything else—which must resist all effects, must not resist all effects, must not affect him etc.

A pc will hold a black curtain for hours and nothing will happen (he's doing it by machinery) so have curtains which will resist all effects (put the postulate there), put up another, and another, etc. Have them resisting all pain, tiredness and other effects, but don't get too specific.

When someone goes into competition with the MEST universe he goes into competition with himself.

To keep an ashtray there, he is duplicating it all the time. How fast? 1/c. You can speed him up till he can see a photon going by. The essential part of automaticity is duplication. People in chronic apathy, for example, have a machine which duplicates apathy the whole time.

**TECHNIQUES.** Put emotions into MEST and duplicate them many times, in brackets. Put sadness in the wall, then duplicate it in the floor, in the window, in the chairs, etc.

Using black panels, we solve occlusion. Some will work better in their own universe, and you handle this in the same way.

Put up a black panel that must persist and resist. Make it feel it must resist, with effort in it. Put up another and another. Automaticity shows up in this process like mad. When it appears, make it more so, duplicate it, and it will soon come under control.

Have the walls of the room telling the pc where he isn't, and refusing to tell him where he is: refusing to tell others where they are or where you are, refusing to tell you where others are, etc, using brackets.

Put franticness in the walls. Duplicate it in brackets. Don't start this technique unless you are going to finish it right through, as the pc may convulse.

Put up two bodies to resist all effects of auditing, in brackets. Also resisting all effects of engrams, other people's thinking etc, but these are secondary.

**SUMMARY:** 1. Survival—resisting all effects, which is persistence, which is why the case does not change.

2. Duplication

3. Location

4. Barriers.

Location in STEP 1 is to get him so high he doesn't have to be located. His sole interest then is locating other things. Knowingness is sufficient location for him.

STEP 2. is to solve and free him from all automaticity

## PLAN OF AUDITING

The recent emphasis in the work has been on making operating thetans operate better. The resistive cases are covered by the same principles and get fixed on the way. A few operating thetans—scarcity—could lead to trouble. Witness the chaos resulting from the activities and other-determinism technology of one operating thetan 2,000 years ago.

It is despicable and utterly beneath contempt to tell a man he must repent, that he is evil. Those who talk most about peace on earth and good-will among men themselves carry forward the seeds of unrest, war and chaos. Shut up the second Dynamic and make it scarce and wonder why the divorce rate soars! Make MEST scarce, especially in its prettier forms and wonder why criminality becomes rife. "We want peace on earth, therefore everybody must become abject". You can never have peace with apathy, only with strong men. Let us make miracles real: unscarce, people will no longer capitalize on them. We aim to make people far higher than operating thetans, and at the same time we are reaching for the lowest rung of workable processes. We have worked from what the pc can't do to find out the first thing he can do.

LRH: "I once lost my temper with a pc after many 'I can't's' and threw a book in

his chest when he had his eyes shut, and told him he was never again to say 'can't' in my presence. It raised his necessity level, but I don't recommend this procedure—it goes straight across the auditor's code. Anyhow let's get the pc *doing*."

The same mechanisms operate at all levels, and the operating thetan and the black five are covered by the same processes. The only level now where you have to be clever as an auditor is on a Step 1 who has gone so high that he won't let go of any more automaticity in case he might find himself bored the next 8 million years. We deal with this by getting him adept at *creating* automaticity and forgetting about it e.g. have him make a postulate or a machine that will turn all his future mock-ups green and then black and hiding the machine. Do this until it really works, then make him dig up the machine and destroy it. We have got to solve the problem of boredom.

Have the pc make and blow up machines which reduce pain, until he can really turn on pain in mock-up and in his MEST body and even turn on and off a full-blown clinical attack of gout at will.

You have to be willing to fool yourself in order to be interested. The ordinary person has got machines which prevent him from fooling himself—"truth machines".

You may have to waste ghosts and spirits before pc is willing to be a thetan. Religion does much to keep the assumption in restimulation, being basically a control mechanism used by those who have sent the pc into a body. You will find the cross as a symbol all over the universe, and the Christ legend as an implant in pcs a million years ago.

**TECHNIQUE.** Have the pc handle crosses and black crosses. Mock up a cross, mock up his body and nail it on the cross. Then turn the cross into a man's body, into a black body, into a baby's body. Mock up a body standing with arms outstretched, mock up another body nailed to the first one etc. Anyone got toothache? This is the assumption operation—between lives stuff.

Our job is not primarily getting him out of the body, but making him powerful as a thetan. We get him out and free of his body by these simple processes, and then we really get to work. The best thing you can do for a man is to make him able to help himself—not to spoonfeed him. In auditing we really get him to help himself.

If you concentrate only on a chronic somatic, the case doesn't make much progress as you are validating the barrier called the body, also the barrier of pain. Until he himself can build the body he will never have one of his own—his MEST body he stole. Any MEST he doesn't really own becomes enMEST.

We start him by making the thetan visible. Drills aim at mocking and unmocking "his" body, till he can creatively mock up a body good and solid. The more he resists his body and being in it, the less he can get out of it. We are dealing not with getting out of bodies, but making and unmaking them.