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# MARRIAGE HATS



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by

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*Published by*  
PUBLICATIONS DEPARTMENT  
Advanced Organization · Saint Hill · Denmark  
(AOSH DK Publications Department A/S)  
Jernbanegade 6  
1608 Copenhagen V,  
Denmark

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First printing 1974

*Printed in Denmark by CH. Johansen Bogtryk*

# Important Note

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In reading this book, be very certain you never go past a word you do not fully understand.

*The only reason a person gives up a study or becomes confused or unable to learn is because he or she has gone past a word that was not understood.*

*L. Ron Hubbard*

The confusion or inability to grasp or learn comes AFTER a word that was not understood.

Have you ever had the experience of coming to the end of a page and realizing that you didn't know what you had read? Somewhere earlier on that page, you passed a word that you didn't understand.

If, in reading this book, the material becomes confusing or you can't seem to grasp it, there will be a word just earlier that you haven't understood. Don't go any further but go back to BEFORE you got into difficulty. Find the misunderstood word and get it defined.

A Glossary containing Scientology words is provided in the back of this book and *each word that is defined carries an asterisk (\*) by it the first time it appears in the text.* However, new and unusual words are not the only words that cause difficulty. Commonly used words are very often misdefined and usually cause the greatest difficulty. Use a general English language dictionary for these.

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**INTRODUCTION**

**HATS**

# Introduction — Hats

**“Hat:** the beingness and doingness that attains a product. The term and idea of ‘a hat’ comes from conductors or locomotive engineers etc. each of whom wear a distinctive and different type of headgear. A ‘hat’ therefore designates particular status and duties in an organization.”

— L. Ron Hubbard.

In all of man’s history, there has never been a clearcut statement of the principal duties of the game of man and

wife. Here, at last, one is supplied, the result of experience distilled from one very successful marriage.

These duties outline the beingness, the “hat” you assume when you become a “husband” or a “wife.”

They were written for two Scientologists by Mary Sue Hubbard, wife of L. Ron Hubbard. They were then copied and passed from hand to hand, so great was the demand for them.

Clearly there is a need for a new statement, not only to include new data, but also to re-examine and reaffirm certain old and practical divisions of responsibility.

Lately, these old traditional divisions have become obscured, neglected or subject to dispute. Women have frequently “dumped their hat” as wife and mother to become businesswomen, executives or artists. Husbands in turn have sometimes “dumped their hat” as providers and leaders of the family.

Marriage for many has become a rather confused game where the purpose is unknown, the roles of the players undecided and the boundaries of the playing field itself uncertain. Marriage and careers become entangled, at cross purposes, and seem to cancel each other out.

For a Scientologist, the road is somewhat easier.

He or she is aware that life can be divided up into several spheres or dynamics and that each individual strives to develop and survive on many levels; first, as himself; second, through sex and family; third, as a member of a group; fourth, as part of mankind; fifth, with all living things; sixth, as part of the physical universe; seventh, on an aesthetic or spiritual level; eighth, through God or infinity. These are called the dynamics\* and optimumly each man or woman functions on all these levels.

A Scientologist knows, therefore, that she may be a wife and take instructions from her husband on the second dynamic, and also be an administrator and give orders on the third – as a member of a larger group.

These separate beingnesses may be difficult for the beginner at first, but if each sphere of responsibility is clearly delineated, it becomes far easier.

Many marriage problems come from a failure to assume the full beingness appropriate to marriage itself.

As L. Ron Hubbard has said, the question has never been:

“. . . to be or not to be, but what to be . . .

I had someone in marital trouble look at me thoughtfully once and say, ‘I don’t have *any* idea what *are* the rights or duties of a



wife.”

Most marital counseling is concerned with a husband who cannot be a husband, a wife who cannot be a wife. A wife who will not let a husband be a husband, and a husband who will not let a wife be a wife – the average marriage.

You might say therefore ‘marriage is very unhappy.’

No, marriage is not unhappy, marriage is a difficult beingness.’

That beingness is made easier by the two “hats” that follow. They define the primary areas of responsibility and can be used as a guide and inspiration to help you clarify, better approach and achieve your own ideal scene for your marriage. Not all the clauses of these hats would apply to any one marriage all the time. The circumstance of a marriage can vary according to time and place and culture or subculture. But those clauses concerning communication,\* overts\* and withholds\* are constant – those are the basic building blocks of human relationships regardless of time or place.

**HAT**

**FOR**

**A WIFE**

# Hat for A Wife

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## The main duties of a wife are :

1. To care for the home and family.
2. To cook for the family.
3. To live within the financial means of the husband.
4. To budget the household expenses and use such monies economically and wisely.
5. To do the shopping for the family.
6. To raise and look after the children.
7. To keep the home clean, neat and tidy.
8. To do the washing and ironing.

9. To support your husband in life by providing him with a clean, calm, happy home in which he can have the rest and peace necessary to fortify him in the battles of winning a living.
10. To honor and respect your husband and to provide him with love, trust and companionship.
11. To keep an active interest in your husband's work and to offer him encouragement and moral support.
12. To submit to the decision of your husband if agreement cannot be reached: he is the leader of the family.
13. To support your husband in his disciplinary actions in the home. If you feel he has been too harsh with a child, see him privately about the matter.
14. To care for birth control and to be responsible. There can be nothing more upsetting to married life than an unwanted pregnancy or too many children. So don't make mistakes; such surprises can be most disruptive.
15. To keep yourself clean, attractive and womanly. A wife should always look the best she can for her husband – this doesn't mean that you have to appear glamorous when you're in the middle of scrubbing a dirty floor, but it does mean that a wife should care enough about her appearance not to come before her husband in the

- morning with cream on her face and rollers in her hair. It's wise to do those beauty actions when your husband is not around, so you can be beautiful when he is present.
16. To set an example to any female children of what a woman is like and to prepare her daughters for eventual marriage so that they can do the things expected of them in a home.
  17. To set an example to any male children of what a woman is like so that in the future they can make a sane and happy marriage.
  18. To help with the education of her children. As a Scientist you have in your hands a fundamental principle in learning, which at present still exceeds the study technology of ordinary schools. You know the phenomenon of misunderstood words. You know if your child is confused by some concept or idea at school that it is not the "idea" that is the source of the confusion but an earlier, misunderstood word, and knowing this you can help.
  19. To keep in agreement with your husband and to work out any disagreements by communication.
- An understanding of the ARC Triangle\* is essential to the understanding of a human relationship. If you know this you know that communication is the key to keeping

agreement (reality) and affinity in a marriage. You know that these are so intertwined that if a disagreement occurs, the tendency will be *not* to communicate, and to like one another less. The answer is to communicate – no matter how difficult. This way agreement can be reached, affinity restored and understanding re-established.

Knowing the importance of communication, it is part of a wife's role to see that communication remains open between all members of the family and she generally maintains the communication lines with more distant relatives and friends as well.

20. Not to commit overts against the husband and family. To know and understand that overts and withholds can be the cause of blows\* in life and separation in marriage.
21. To keep withholds communicated. Not to let them pile up, but to get them off nicely and in the right place and at the right time.
22. To be the hostess in the home.
23. To grow with your husband.

# HAT

# FOR

# A HUSBAND

# Hat for A Husband

## **The** main duties of a husband are:

1. To financially support his wife and family.
2. To provide a home for his wife and family.
3. To provide food and clothing for his wife and family.
4. To make the major decisions with regard to the marriage – for example, where to live, what work to do, what home to live in, where the children will be educated, what names the children will be called, etc. This he usually does in consultation and agreement with his wife, but his word is final.
5. To be the leader of the family.

6. To set an example to any male children of what a man should be like in attributes.
7. To set an example to any female children of what a man should be like so when they grow up they will choose a husband wisely.
8. To perform those functions around the home which a man does easily and well: to mow the lawn, fix a broken window, paint a room, build, repair, to look after the car, machinery, tools.
9. To provide love, trust and companionship to his wife.
10. To protect his wife and family.
11. To maintain discipline in the home when needed.
12. To see to the future protection of the family through savings, insurance, or investments of lasting value.
13. To see that the family legal papers are in order: investment records, birth and marriage certificates etc., financial records and accounts.
14. To handle the financial matters of the home. To establish a general budget for the family and allocate an appropriate amount to your wife for housekeeping, clothing and necessities. If the wife also works, the husband and wife

- should get together and agree upon who will pay for what.
15. To be human – everyone has their own faults and marriage is a give and take proposition. Example: the wife may love to eat crackers in bed – the husband cannot stand it. The husband loves to watch baseball on TV, the wife cannot bear the game. So the two may get together and agree on certain limitations – the wife will only eat crackers in bed on certain nights and the husband will watch baseball only on certain days.
  16. To grow together with his wife and her with him. Life together with another being is one of growing as beings – if one advances too far, the mutual togetherness drops. This is particularly true in Scientology – go up the Grade Chart\* together or at least as close to each other as possible.
  17. To keep in communication with the family.  
  
A husband's work may take him far or keep him late. Remember to communicate, to write or phone, particularly if you made an agreement with your family you cannot keep. A failure to appear for a carefully cooked dinner is a break in reality if your wife is not informed, and a breach of affinity as well.  
  
Also remember when you're far apart that communication with ARC\* travels best. If you have a disagreement,

handle it with affinity, with as much understanding as possible as long distances and lengthy time lapses impede communication and understanding. An easy rule: don't put enttheta\* on long distance comm lines.

18. Not to commit overts against your family or your wife.
19. To get withholds off so as to keep the marriage clean – and this can be done nicely at the right time and place so as not to cause upset.
20. To provide small little attentions that are so important to a woman, like some flowers now and again or a little surprise gift.
21. To be the host in the home.

# GLOSSARY

# Glossary

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**Affinity:** degree of liking or affection. This is often expressed as an emotion – enthusiasm towards a person betokens more affinity than apathy.

**ARC:** a word made from the initial letters of Affinity, Reality and Communication which together equate to understanding. (These are the three things necessary to the understanding of something – one has to have some affinity for it, it has to be real to him to some degree and he needs some communication with it before he can understand it.)

**ARC Triangle:** It is called a triangle because it has three related points: Affinity – Reality – and, the most important, Communication. Without affinity there is no reality or communication. Without reality or some agreement, affinity and communication are absent. Without communication, there can be no affinity or reality. It is only necessary to improve one corner of this very valuable triangle in Scientology in order to improve the remaining two corners. (The easiest corner to improve is Com-

munication: improving one's ability to communicate raises at the same time his affinity for others and life, as well as expands the scope of his agreements.)

**Blow:** a sudden departure. It is usually used to describe either the sudden dissipation of mass in the mind with an accompanying feeling of relief, or someone leaving, ceasing to be where he should really be.

**Communication:** the interchange of ideas or objects between two people or terminals. More precisely, the definition of communication is: Cause, Distance, Effect with Intention and Attention and a duplication at Effect of what emanates from Cause. (The ability to communicate is the key to success in life – therefore, this definition should be studied thoroughly and understood. Read Dianetics '55 for a full practical treatise of communication.)

**Dynamics:** the urge, thrust and purpose of life – SURVIVE! – in its eight manifestations. The *First Dynamic*, survival of self; the *Second Dynamic*, the urge toward survival through sex and children; the *Third Dynamic*, the urge to survive through a group. The *Fourth Dynamic*, the urge to survive through all mankind; the *Fifth Dynamic*, the urge to survive through all living things; the



*Sixth Dynamic*, the urge toward survival as the physical universe; the *Seventh Dynamic*, the urge toward survival through spirits or as a spirit; the *Eighth Dynamic*, the urge toward survival through infinity.

**Entheta:** means enturbulated theta (thought or life): especially refers to communications which, based on lies and confusions, are slanderous, choppy or destructive in an attempt to overwhelm or suppress a person or group.

**Grade Chart:** abbreviation for Gradation and Awareness Chart; a precise, detailed route to spiritual freedom and greatly increased ability. The chart consists of two sections, one is devoted to each stage or level of auditing which brings a person to a new level of awareness and culminates in his being clear of aberration fully and restored to his powers as a spiritual being, aware of his own immortality. The other part of the Chart outlines the stages of training for a Spiritual Counsellor. The optimum route for anyone is both training and auditing. This way he not only regains his own personal freedom but has a thorough knowledge of human relations, the mechanics of the universe and he also possesses the techniques to help others.

**Overt:** an aggressive or destructive act by the individual against one or another of the eight dynamics. In the case of a marriage agreement, it would be any transgression against the moral and ethical codes involved. A person who acts against his own moral code and the mores of the group violates his integrity and is said to be out-ethics. Such acts are called overts.

**Reality:** any data that agrees with a person's perceptions, computations and education. It is the agreed-upon apparency of existence. If one is told something that doesn't fit in with things one has agreed to know, it has no reality for one. If everyone disagreed with one, one would lose all sense of reality.

**Withhold:** something a person did that he isn't talking about. Basically, it is a no action after the fact of action in which the individual has done or been an accessory to doing something which is a transgression against some moral code consisting of agreements to which the individual has subscribed in order to guarantee, with others, the survival of a group with which he is co-acting or has co-acted toward survival.

## Other Books and Tapes

### Other Scientology books by L. Ron Hubbard of interest to readers of *Marriage Hats*:

	£ UK	\$ US	DM/ HFL	DKr.	FF/ SKr.	\$ ANZO/ R S. Africa
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