DIANETICS AND SCIENTOLOGY

INDIVIDUAL TRACK MAP

BY L. RON HUBBARD

THE INDIVIDUAL TRACK MAP

Вy

L. Ron Hubbard

This book contains charts which give in brief form the three principle tracks in which the auditor is interested.

The auditor is invited to fill in these incident "boxes" so that he will know, at all times, what he has next to audit, what has been and what has not been reduced, where motivators lie and where overt acts are to be found. For this purpose some sample "boxes" have been drawn throughout the charts. The auditor should draw others. The numbers in the boxes refer to what should be written on the line after the number.

-Meter Before

E-Meter After Nert Act No. Vate Contacted

560 49/

Here is a sample "box":

Date Completed This means 1 refers to the E-meter action before auditing. HOW the E-meter acted, not what the reading of the meter was. There are five ways a needle acts, as described in ELECTROPSYCHOMETRIC AUDITING. For the purposes of the above box, these symbols are recommended for needle action: V - violent, steep drops, half a dial or more. M - medium drops, quarter of a dial. L - light, barely perceptible drops. S- stuck, fixed needle, very rigid. U - upsurges (to left), a rising needle. T - "theta" bop, a hunting, jerky needle, a very desirable reading, meaning incident MUST be audited. C - clear or reducel.

This map is made for the use of TECHNIQUE 80 and TECHNIQUE 88. The essence of 80 is that no incident of ary kind makes itself obnomious unless the pc has used it against one of the dynamics. When it happened to the pc, it was the MOTIVATOR. When he "dramatized" it or tried to use it, it became an OVERT. When he used a motion (incident) too many times as an OVERT, he came to have a DED, short for DESERVED ACTION; with a DED he came to think of himself as being fair game for anything or anyone because now he deserved to have something happen to him. The auditor then must find the OVERT for every MOTIVATOR, a DED for every chain of OVERTS.

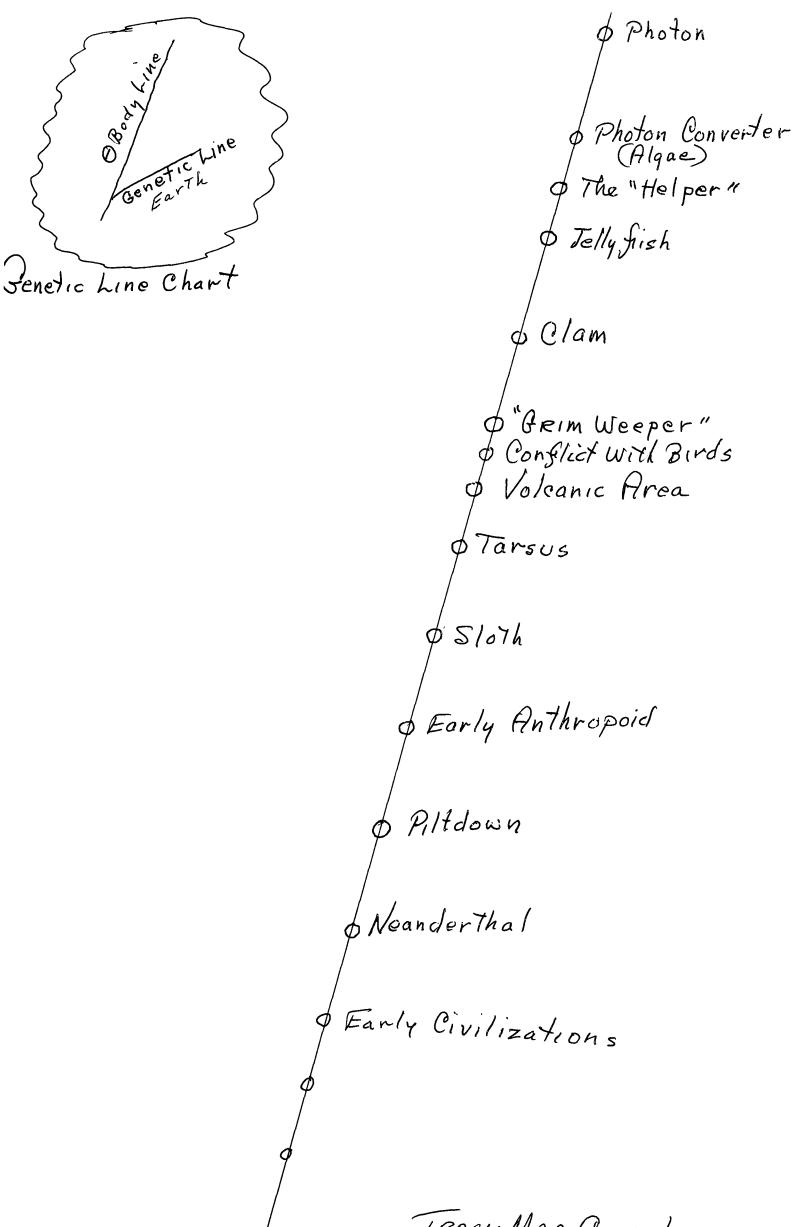
Thus the "box" is made out for any incident. If made out for an OVERT which has been found, add a note to give the number of the motivator.

Some incidents, being very standard, have names. All other incidents are numbered. The number of any incident is the number of years ago that it occurred. Thus the first incident on the track has the largest number. This may seem paradoxical, but it is by far the easiest method of tabulation and is easiest to mark down on the chart. It will lead to a simple accumulation of much data. THE NUMBER OF ANY INCIDENT IS THE NUMBER OF YEARS AGO WHICH CAUSES A RESPONSE ON AN E-METER. This may be, as the charts indicate, hundreds of thousands or trillions. (You may not believe in incidents prior to this life, but if you want well pcs, you'd better audit them; large numbers of tests show that it is impossible to get good recovery swiftly by addressing current life only.)

Don't be afraid to mark up this chart. Don't be afraid to discover new areas in it. If a chart isn't long enough for the area you are working, if you find the space too limited, paste in another sheet for that area. The numbering system permits this.

This is a chart of TERRA INCOGNITA for the most part. No explorer ever had a present of so much little known or unknown territory as the human time track. You and a pc and an E-meter can do very great work by filling it in.

THE COMPANION BOOKS OF THIS TRACK MAP ARE "What to Audit" and "Electropsychometric Auditing" and "Technique 88". Leading to these are the Elementary and Summary Courses in Dianetics and Scientology.



TRACK MAP Genetic

Present Life Chart Ovum Conception Operations, Childhood
Illnesses, Loss of
Allies Area of Reaching Puberty TRACK MAP Current Life Series Before Conception to 35,000 years ago. IRACH MAP 3 Series Earth

Series 35,000 to 100,000 years ago Series Theta Line IRACK MAPY

Series 100,000 to 1000,000 years Ago Facsimilie "One"

2 3 4 5

Series Theta Line

Space Opera Chart 50 years a go or more to 12 million years ago approx.

TRACK MAP Space

Series 1,000,000 to 5,000,000 yrs ago TRACK MAP 7 Series Oline

Series 5,000,000 to 10,000,000 yrs ago

Series 10,000,000 to 100,000,000 yrs ago

TRACK MAP 9

Series Oline

Series 100,000,000 to 500,000,000 500,000,000 yns ago TRACK MAP 10

Series Oline

Series 500,000,000 to One billion One billion yrs ago TRACK MAP 11 Series OLine

Series One Billion to 3 Billion yrs ago Series Series Series Series O Line

Three Billion to Five Billion Yrs ago Series Series Series Sories O Line

Five Billion to TEN Billion Yrsago. Series Series Series Series Oline TRACK MAP 14

TEN Billion to Fifty Billion Yvs ago Series O Line

Track Map 15

50 Billion to 100 Billion yrs Ago

Series Ohine

100 Billion te 500 Billion Yrs Ago

Series O Line

500 Billion to One Trillion Yrs Ago

Series Ohine

Insertion Hrselyeus City In Space PIECE OF BODY HELD Giren Asan Example
of the Ten Double Track Areas" *DERTH " About 10,000 Consecutive LIVES NEW BODY" DEATH BIRTH BIRTH MANY Such LIVES BIRTH Incident Collapse of Hrsclyeus Incident Efforts to get into New Body line. TRACKMAP 19

Intrance into Mest Universe Incident One Trillion + Incident The Bubble Gum? The "Dear Souls"
Area Departure from "Dear Souls" Incident Capture by -Prsclyans Incident Body Builder TRACK MAP 20 Series Ohine

| Up to 60 Trillion | |
|---|---|
| Preclear's Name E-Meter Tone Be fore Map Completed Di Parawin Position of Knobs) O T | |
| Incident — Separation firom O | Check Box 1 E-Meter Before 2 E-Meter After 3 Overt Act No. 4 Date Contacted 5 Date Completed |
| Home Universe Sta | |
| Rejection from Home Universe Incident Series Dhine | Area About 60 Trillion Years Ago Box TRACK MAP 21 |

Scientology — The science of knowing how to know. Developed by L. Ron Hubbard.

From Funk and Wagnall's New Standard Dictionary, Supplement No. 5:

di.a.net'.ics noun A system for the analysis, control and development of human thought evolved from a set of

coordinated axioms which also provide techniques for the treatment of a wide range of mental disorders and organic diseases: term and doctrines introduced by L. Ron Hubbard, American engineer. (Gr. dianoetikos — dia, through, plus noos, mind) di.a.net'.ic adj.